

Post-Certificate Hands-on Training

With **Antja Kennedy**
& **Christel Büche**

March 18 – 20, 2022

Friday 2 - 8 pm
Saturday 10 am – 6 pm
Sunday 9:30 am - 3 pm

Studio PHYNIXtanzt Berlin



From: *Bewegtes Wissen*, Graphics: Elisabeth Howey

In **Fundamentals work**, **manual facilitation** – also called “hands-on work” - is often used as a **pedagogical tool**, but through Corona regulations this was not, or only very seldom, possible. This workshop is there to fill this gap, and also as a refresher for all those who have been certified in previous years.

When accompanying Fundamentals sequences manually, there are various ways to **support the movement**. When the hands are on a part of the body, more **awareness** arises there almost automatically. The hands can also **clarify** the *spatial intent* or the *shaping* process and thereby the **intended connection in the body**. Care is taken that the practitioner (who gives the manual support) feels the desired connection in his own body, because this is transmitted through the hands.

Depending on the situation, the **relationship** between practitioner and student/client is different while doing hands-on work. It may be that the student/client is completely **passive** or that he/she is **actively moving**, depending on how the connection or coordination sought can best be established for that person. In the former case, the practitioner will be more **supportive with the hands** and in the latter case, a **brief touch** may be all that is needed. The goal in the end is for the student/client to be able to **perform the movement independently, connected and effectively**.



Antja Kennedy is a dancer, choreographer, dance teacher, Certified Movement Analyst (CMA), Movement Pattern Analysis Practitioner, Director of the EUROLAB Certificate Programs in Laban/Bartenieff Movement Studies. www.antjakennedy.de

Christel Büche is a freelance dance teacher and dance therapist (BTD) since 1990, graduated social pedagogue, CMA since 1993, trained in modern dance, Kestenberg Movement Profile (KMP) and Yoga, main teacher at the Tanztherapie-Zentrum Berlin and of the EUROLAB Certificate Programs in Laban/Bartenieff Movement Studies. www.christel-bueche.de

Prerequisite: Certificate in LBMS, at least *Basic* (or similar qualification)

Fees:

EUROLAB members: 150 € Early registration, otherwise 180 €

Non-members: 210 € Early registration, otherwise 240 €

Early registration deadline: February 18, 2022

Place: PHYNIXtanzt Berlin, Hasenheide 54, 10967 Berlin-Kreuzberg,
Passageway between 2nd & 3rd courtyard, 4th floor, U7 Südsterne

In case of a lockdown, the workshop will take place online - best with a partner. In this case, there will be lots of observation parts from videos which have been made about the BF hands-on work. We are not planning to offer hybrid - i.e. either the workshop will be in presence in the studio and if this is not possible, then we will go completely online. This will be decided at the latest two weeks before the course.

Registration at workshops@laban-eurolab.org

With your registration you accept the following terms: Workshop spaces will be allocated on a first come first serve basis with reception of the course fee. If you are unable to attend (except in the case of a change to online), only half of the fee will be refunded up to two weeks before the workshop. After March 4, a refund is only possible if your spot is taken by someone else. Course participation is at your own risk.

Payment to the EUROLAB account at GLS Bank.

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