

Workshop series with Jan Burkhardt

Precision & Softness

Making happen & letting happen

Nov. 30 & Dec. 1, 2019

February 29 & March 1

June 13 & 14, 2020

Saturdays 11 am — 5 pm

& Sundays 11 am — 3 pm

Kunstquartier Bethanien, Studio 2, Mariannenpl. 2, 10997 Berlin-Kreuzberg

Precision & Softness will lead our explorations and instant compositions into subtler connections with self, other, and group. Awareness upon our physiology as concrete matter will tune and cycle through our senses resulting in practices connecting body to group to space. Our assumptions of soft vs. tense will inform our faculties of sensing and moving together along guidelines we can share.

The biomechanics and structural networks of BMC and Laban/Bartenieff will support our process to work on *precise moving* with the fullness of choice to invite through the body and mind — what is here and now.

Jan Burkhardt is a freelance dancer/choreographer, Laban/Bartenieff Movement Analyst, musician and physio-therapist.

The focus of his artistic and pedagogic work is the resonance between somatic exploration and its communication into space.

Jan cooperates internationally with a variety of institutions and artists. He is currently guest lecturer at the dance universities of Berlin, Stockholm, Copenhagen and Cologne.

Precision & Softness

Workshop series

COSTS: Per weekend: 80 € — Early bird until the first day of each month: 70 € | All three workshops: 180 €

REGISTRATION: rene.kramer@posteo.de

The workshop participation is a prerequisite for a Performance Lab in summer 2020